

Insurance information for Harris Whole Health

Cheryl works in Virginia and holds licenses in Maryland, DC and WV.

Aetna:

-) Most Aetna HMO, PPO and PPO plans generally cover for [*medical* concerns](#)—when recommended by a physician for IBS, Celiac, gastroparesis, IBD, etc.
-) Occasionally plans have exclusions, so please do check with your plan that they follow this policy
-) Aetna Better Health (Medicaid) is a separate plan. I cannot legally work with patients with Medicaid ***in any state***
-) Aetna advantage—see Medicare section, usually not covered.

BCBS:

As of May 31st, 2016, Cheryl is an [out-of-network provider with all BCBS plans](#).

More [about that decision here](#). BCBS's actions were egregious enough that there is now a [class-action lawsuit](#) based on their actions.

Cigna:

-) Most Aetna HMO, PPO and PPO plans generally cover for nutrition for services of a registered dietitian
-) Occasionally plans have exclusions, so please do check with your plan that they follow this policy
-) *Cigna HMO plans through ACA with names like “EPO connect” and “Connect” generally have nutrition limited coverage. Check with your plan for more information.
-) NALC is different every year.

Medicare:

-) [Standard Medicare part B](#) *only* covers for diabetes and renal disease type 4 with a prescription. I don't set these terms and I can't change them.
-) Medicare Advantage plans: generally have the same terms as regular Medicare. If you call to ask about benefits,
 - o The CPT code for a nutrition session is 97802/97803
 - o Ask if codes are covered for a Registered dietitian, not a doctor
 - o Ask if codes are covered for gastrointestinal issues (I can give you codes if you don't have them)
 - o Get a reference code confirming your coverage.
 - o We'll need a pre-service organization determination notice of denial before we book a time, OR documentation that your plan has an explicit exemption and that you do have coverage

Medicaid:

) **Cheryl is out of network, and cannot see Medicaid patients.**

Tricare:

) [Tricare generally has limited coverage](#) except on bases. However, Cheryl is authorized as a “certified Tricare provider”. This means that you may be eligible for reimbursement; please check with your plan.

United:

Cheryl is out-of-network and can provide a superbill.

CPT codes are 97802/97803 and diagnoses codes will vary.