

# Gluten-Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Old Town Store, Mid Atlantic Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

We have made every effort to be as accurate as possible, however, we cannot be held responsible for individual reactions to any products nor can we guarantee the absence of cross-contamination. Always read the label and/or check with the manufacturer. **INGREDIENTS CHANGE.** This list is only a guide to assist you in your shopping for products available for your dietary needs. The information provided here is for educational purposes only. In no way should it be considered as medical advice. Please keep in mind that there are products available in this category that may not be shown on our list.

## Baby & Infant Food

### Happy Baby Food

- Organic Dhal & Mama Grain
- Organic Grrreat Greens & Easy-Beeing-Green Beans
- Organic Smarter Squash & Wiser Apple
- Organic Sweeter Potatoes & Purer Pears
- Yes Peas & Thank You Carrots

## Baked Goods

### Gillian's

- Cinnamon Raisin Rolls
- French Rolls - Wheat & Lactose Free

### WFM Gluten Free Bakehouse

- Almond Scone
- Apple Pie
- Banana Bread
- Blueberry Muffins

## Baked Goods (Cont'd)

### WFM Gluten Free Bakehouse

- Carrot Cake
- Cherry Almond Streusel Muffins
- Cherry Pie
- Chocolate Chip Cookies
- Cinnamon Raisin Bread
- Cornbread
- Cranberry Orange Scone
- Cream Biscuits
- Molasses Ginger Cookie
- Morning Glory Muffin
- Peanut Butter Cookies
- Pizza Crust
- Prairie Bread
- Sandwich Bread
- Sundried Tomato & Roasted Garlic Bread
- Walnut Brownie

## Baking Needs

### 365 Every Day Value™

Chocolate Chips

### Arrowhead Mills

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Pancake Mix  
Organic Blue Cornmeal  
Organic Buckwheat Flour  
Organic Long Grain Brown Rice Flour  
Organic Millet Flour  
Organic Yellow Cornmeal

### Bob's Red Mill

Almond Flour  
Flaxseed Meal  
Gluten Free Baking Flour  
Golden Flaxseed Meal  
Organic Flaxseed Meal  
Potato Starch  
White Rice Flour  
Xanthum Gum

### Bob's Red Mill

Organic Flaxseed Meal

### Cherrybrook Kitchen

Chocolate Frosting-Gluten Free/Wheat Free  
Vanilla Frosting - Gluten Free/Wheat Free

### Ener-G

Egg Replacement  
Potato Flour  
Tapioca Flour

### Fleischmans

Yeast

### Gluten Free Pantry

Cake and Cookie Mix  
Chocolate Chip Cookie Mix - Gluten Free  
Decadent Chocolate Cake Mix  
Gingerbread Spice Cake Mix  
Pancake & Waffle Mix - Gluten Free  
Perfect Pie Crust Mix  
Wheat Free French Bread Mix  
White Flour Bread Mix

## Baking Needs (Cont'd)

### Let's Do Organic

Carnival Sprinklez  
Chocolate Sprinklez

### Lotus Foods

Bhutanese Red Rice Flour

### Pamela's Products

Pancake Mix  
Ultra Chocolate Brownie Mix

### Quinoa Corporation

Ancient Harvest Quinoa Flour

### Tropical Source Candy

Semi Sweet Chocolate Chips

## Beverages

### 365 Every Day Value™

Black Cherry Soda  
Cherry Vanilla Creme Soda  
Cola  
Cranberry Cocktail Juice  
Cranberry Grape Juice  
Ginger Ale  
Italian Lemon Soda  
Italian Orange Soda  
Italian Sparkling Cranberry Soda  
Italian Tangerine Soda  
Key Lime Soda  
Lemonade Juice  
Orange Creme Soda  
Orange Juice  
Orange Juice High Pulp  
Orange Juice with Calcium  
Raspberry Soda  
Root Beer Soda  
Ruby Red Grapefruit Juice

### 365 Organic Every Day Value™

Apple Cranberry Juice  
Apple Juice  
Berry Black Tea  
Berry Juice  
Cherry Juice  
Cranberry Juice Cocktail  
Green Tea with Lemon & Ginger

## Beverages (Cont'd)

### 365 Organic Every Day Value™

- Lemon Black Tea
- Lemonade Juice
- Mint Green Tea
- Orange Peach Mango Juice Blend
- Pineapple Orange Banana Juice Blend
- Red Grape Juice
- Soy Original Refrigerated
- Tomato Juice
- Vanilla Soy Drink
- White Jasmine Tea
- White Peach Tea

### Ah!Laska

- Organic Non Dairy Cocoa Mix

### Newman's Own

- Lemon Aided Ice Tea
- Lemonade
- Pink Lemonade

## Bread

### 365 Organic Every Day Value™

- Tortilla Corn

### Ener-G

- Brown Rice Bread
- Brown Rice Bread - Yeast Free
- Hi-Fiber Bread
- Tapioca Loaf
- White Rice Bread
- White Rice Yeast Free Loaf

### Food For Life

- Brown Rice Bread - Gluten & Wheat Free
- China Black Rice Bread
- Raisin Pecan Bread - Gluten & Wheat Free
- Rice Almond Bread - Wheat Free
- Rice Pecan Bread - Gluten & Wheat Free

### Foods By George

- Cinnamon Currant English Muffins
- English Muffins (Plain)

### Gillian's

- Cinnamon Raisin Rolls
- French Rolls - Wheat & Lactose Free

## Bread (Cont'd)

### WFM Gluten Free Bakehouse

- Cinnamon Raisin Bread
- Cornbread
- Cream Biscuits
- Prairie Bread
- Sandwich Bread
- Sundried Tomato & Roasted Garlic Bread

## Candy and Chocolate

### 365 Organic Every Day Value™

- Swiss Dark Chocolate Bar with Coconut Flakes

### Dagoba Organic Chocolate

- Chai Tea Milk Chocolate, 37%
- Conacado Dark Chocolate, 73%
- Dark Chocolate, 59%
- Eclipse Dark Chocolate 87%
- Lime Dark Chocolate, 59%
- Milagros Dark Chocolate, 68%
- Mint Dark Chocolate, 59%
- Mon Cherri Dark Chocolate, 59%
- New Moon Dark Chocolate, 74%
- Roseberry Dark Chocolate, 59%
- Xocolatl Dark Chocolate, 74%

### Let's Do Organic

- Carnival Sprinklez
- Chocolate Sprinklez

## Canned Goods

### Amy's

- Organic Refried Beans w/Green Chilies
- Organic Refried Black Beans
- Traditional Organic Refried Beans

## Canned/Jarred Goods

### 365 Every Day Value™

- Artichoke Hearts
- Black Beans, No Salt Added
- Black-Eyed Peas
- Cut Green Beans, No Salt Added
- Diced Tomatoes
- Garbanzo Beans, No Salt Added

## Canned/Jarred Goods (Cont'd)

### 365 Every Day Value™

Kidney Beans, No Salt Added  
Organic Sweet Peas  
Peeled Whole Tomatoes  
Pinto Beans, No Salt Added  
Sliced Beets  
Sliced Carrots  
Sweet Peas, No Salt Added  
Whole Kernel Corn, No Salt Added

### 365 Organic Every Day Value™

Baby Dill Pickles  
Black Beans  
Bread & Butter Pickle Chips  
Cinnamon Applesauce  
Coconut Milk  
Coconut Milk, Lite  
Cut Green Beans  
Diced Tomatoes  
Diced Tomatoes, No Salt Added  
Garbanzo Beans  
Italian Cherry Tomatoes with Basil  
Kidney Beans  
Kosher Dill Pickles  
Original Baked Beans  
Pinto Beans  
Reduced Sodium Kosher Dills  
Refried Black Beans  
Refried Black Beans with Roasted Red Jalapenos  
Refried Fat Free Pinto Beans  
Refried Pinto Beans w/Roasted Chile & Lime  
Refried Vegetarian Pinto Beans  
Tomato Paste  
Tomato Sauce  
Unsweetened Applesauce  
Whole Kernel Corn  
Whole Peeled Tomatoes

### Amy's

Organic Vegetarian Baked Beans

### Authentic Food Artisan™

Ela Family Farms Organic Gala Applesauce  
Ela Family Farms Organic Just Jonathan Applesauce

## Canned/Jarred Goods (Cont'd)

### Shelton's

Chicken Broth

### Whole Kids Organic™

Mixed Berry Apple Sauce - 4 Pack  
Organic Apple Cinnamon Apple Sauce  
Peach Apple Sauce- 4 Pack  
Strawberry Banana Apple Sauce - 4 Pack  
Unsweetened Apple Sauce - 4 Pack

## Cereal

### Arrowhead Mills

Maple Buckwheat Organic Flakes  
Organic Rice & Shine Hot Cereal  
Puffed Corn Cereal  
Puffed Millet Cereal  
Puffed Rice Cereal

### Barbara's Bakery

Honey Rice Puffins Cereal

### Bob's Red Mill

Mighty Tasty Gluten Free Hot Cereal

### Enjoy Life

Cinnamon Crunch Granola  
Cranapple Crunch Granola

### EnviroKidz

Amazon Frosted Flakes Cereal  
Gorilla Munch Cereal  
Koala Krisp Cereal - Organic  
Panda Puffs Organic Cereal

### Erewhon

Fat Free Rice Cereal  
Gluten Free Brown Rice Crispy Cereal  
Organic Brown Rice Cereal

### Nature's Path

Muesli - Mesa Sunrise Multigrain  
Organic Crispy Rice Cereal  
Organic Fruit Juice Sweetened Corn Flakes  
Organic Honey'd Sweetened Cornflakes

### Quaker

Quaker Grits

## Cereal (Cont'd)

### Quinoa Corp

Organic Quinoa Flakes

## Cheese

### 365 Every Day Value™

Colby Jack  
Mild Cheddar, Shredded  
Monterey Jack, Shredded  
Two Cheese Shredded Blend

### Whole Creamery™

Feta Crumbles  
Fresh Ciliegine Mozzarella  
Fresh Ovoline Mozzarella

### Whole Kids Organic™

String Cheese - 6/ 1oz

## Chips, Pretzels and Snacks

### 365 Every Day Value™

Cheese Curls  
Cheese Puffs  
Homestyle Barbecue Potato Chips  
Homestyle Garlic Ranch Potato Chips  
Homestyle Lightly Salted Potato Chips  
Homestyle Salt & Vinegar Potato Chips  
Restaurant Style Tortilla Chips, No Salt  
Restaurant Style Tortilla Chips, Salted  
Soy Crispettes, BBQ  
Soy Crispettes, Cheddar  
Soy Crispettes, Ranch  
Soy Crispettes, Sea Salt  
Tortilla Chips White Salted  
Veggie Chips

### 365 Organic Every Day Value™

Blueberry Fruit Strip  
Cherry Fruit Strip  
Cranberry Fruit Strip  
Peach Fruit Strip  
Popcorn Cheddar  
Popcorn Lightly Salted  
Strawberry Fruit Strip  
Tortilla Chips Blue Salted  
Tortilla Chips White Salted

## Chips, Pretzels and Snacks (Cont'd)

### Arrowhead Mills

Yellow Popcorn - Organic

### Ener-G

Crisp Pretzels

### Grainaissance

Organic Mochi  
Raisin Cinnamon Bread

### Lundberg Farms

Apple Cinnamon Rice Cakes  
Brown Rice Cakes  
Buttery Caramel Rice Cakes  
Honey Nut Rice Cakes  
Low Sodium Plain Brown Rice Cakes  
No Salt Brown Rice Cakes  
No Salt Organic Brown Rice Cakes  
Organic Cinnamon Toast Rice Cake  
Organic Salted Popcorn Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Sesame Tamari Rice Cakes  
Organic Tamari Seaweed Rice Cakes  
Organic Wild Rice Cakes  
Plain Mini Rice Cakes  
Sante Fe BBQ Rice Chips  
Sesame & Seaweed Rice Chips

### Newman's Own Organic

Light Microwave Popcorn  
Microwave Popcorn - Butter - Organic

### Wellshire Farms

Tom Tom Turkey Original Snack Sticks

### Whole Kids Organic™

Organic Microwave Popcorn

### Xochitl

Mexican Style Tortilla Chips (Totopos De Maiz)

## Coffee and Tea

### 365 Every Day Value™

Ground Decaf Hazelnut Coffee  
Ground French Vanilla Coffee

## Condiments

### 365 Every Day Value™

Balsamic Vinegar ,5 Years Old  
Ketchup  
Mayonnaise

### 365 Organic Every Day Value™

Balsamic Vinaigrette  
Balsamic Vinaigrette (Fresh)  
Balsamic Vinegar  
Blue Cheese (Fresh) Dressing  
Dijon Mustard  
Fat Free Balsamic Vinaigrette  
German Mustard  
Honey Mustard Dressing  
Hot Sauce  
Italian Salad Dressing  
Ketchup  
Maple Syrup Grade A Light  
Maple Syrup-Grade A Dark  
Maple Syrup-Grade A Medium  
Maple Syrup-Grade B  
Miso (Fresh) Dressing  
Ranch (Fresh) Dressing  
Roasted Garlic Ranch Dressing  
Tartar Sauce  
Wasabi (Fresh) Salad Dressing

### Annie's Naturals

Balsamic Vinaigrette  
Caesar Dressing  
Cowgirl Ranch Dressing  
French Dressing  
Green Goddess Dressing  
Lemon & Chive Dressing  
Low Fat Honey Mustard Vinaigrette  
Low Fat Raspberry Vinaigrette  
Organic Buttermilk Dressing  
Organic Green Garlic Dressing  
Organic Green Goddess  
Organic Honey Mustard  
Organic Papaya Poppy Seed Dressing  
Organic Red Wine & Olive Oil Vinaigrette  
Organic Sesame Ginger with Chamomile Dressing  
Raspberry Hot Mustard  
Roasted Red Pepper Vinaigrette  
Tuscany Italian Dressing

## Condiments (Cont'd)

### Bragg's Liquid Amino

Liquid Aminos

### Drew's

Romano Caesar Dressing

### Drew's

Kalamata Olive & Caper Dressing  
Rosemary Balsamic Vinaigrette  
Smoked Tomato Dressing

### Nasoya Foods

Creamy Dill Dressing  
Fat Free Nayonaise  
Garden Herb Dressing  
Nayonaise  
Thousand Island Dressing  
Tofu Nayonaise

### Newman's Own

Balsamic Vinaigrette  
Light Balsamic Vinaigrette  
Light Caesar Dressing  
Light Italian Dressing  
Light Raspberry & Walnut Dressing  
Light Red Wine and Vinegar Dressing  
Oil & Vinegar Dressing  
Ranch Dressing

### Organicville

Olive Oil & Balsamic Vinaigrette  
Sundried Tomato & Garlic Vinaigrette

### San-J

Organic Reduced Sodium Tamari - Wheat Free  
Organic Tamari - Wheat Free

### Spectrum

Canola Lite Mayonnaise  
Canola Mayonnaise, Squeeze Bottle  
Digon Organic Mayonnaise  
Eggless Mayonnaise Spread  
Omega-3 Mayonnaise  
Organic Mayonnaise  
Organic Mayonnaise, Squeeze Bottle  
Roasted Garlic Organic Mayonnaise  
Wasabi Organic Mayonnaise

## Condiments (Cont'd)

### Whole Foods Market™

- Caribe Salsa
- Fire Roasted Salsa
- Fire Roasted Salsa Verde
- Poblano Corn Salsa
- Salsa Verde
- Tepin Black Bean Salsa

### Whole Kids Organic™

- Yellow Mustard

### Whole Pantry™

- Canola Mayonnaise

## Cookies and Snack Bars

### 365 Organic Every Day Value™

- Honey Roasted Cranberry Delight Bar
- Honey Roasted Hemp & Flax Bar
- Honey Roasted Mixed Sesame Bar
- Honey Roasted Trail Mix Bar

### Betty Lou's

- Peanut Butter Balls

### Enjoy Life

- Caramel Apple Snack Bars
- Chocolate Chip Cookie
- Cocoa Loco Snack Bars
- Double Chocolate Cookie
- Ginger Spice Cookie
- No Oats Oatmeal Cookie
- Snickerdoodle Cookie

### EnviroKidz

- Cheetah Berry Crispy Rice Bars
- Koala Chocolate Crispy Rice Bars
- Panda Peanut Butter Crispy Rice Bars

### Glutino

- Chocolate Dream Sandwich Cookies
- Vanilla Dreams Sandwich Cookie

### LaraBar

- Apple Pie
- Banana Cookie
- Cashew Cookie
- Cherry Pie
- Chocolate Coconut Chew

## Cookies and Snack Bars (Cont'd)

### LaraBar

- Cinnamon Roll
- Cocoa Mole
- Ginger Snap
- Lemon
- Pecan Pie

### Maya

- Organic Chocolate Bar
- Organic Chocolate Coffee Bar
- Organic Chocolate Mint Bar
- Organic Chocolate Orange Bar

### Midel

- Arrowroots Animal Cookies - Gluten Free
- Gluten Free Gingersnaps
- Mini Chocolate Chip Cookies
- Mini Pecan Cookies - Gluten Free

### Nana's

- No Gluten Barry Vanilla Cookie Bar
- No Gluten Chocolate Munch Cookie Bar
- No Gluten Ginger Cookie
- No Gluten Nana Banana Cookie Bar

### Nana's

- No Gluten Lemon Cookies

### Pamela's Products

- Almond Anise Biscotti
- Chocolate Walnut Biscotti
- Chunky Chocolate Chip Cookies - Wheat Free
- Ginger Brown Rice Cookies
- Lemon Almond Biscotti
- Shortbread Butter Cookies

### WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Molasses Ginger Cookie
- Peanut Butter Cookies
- Walnut Brownie

## Crackers

### 365 Every Day Value™

- Seaweed Rice Crackers
- Sesame Rice Crackers
- Tamari Rice Crackers

## Crackers (Cont'd)

### 365 Every Day Value™

Wasabi Rice Crackers

### Blue Diamond

Almond Nut Thins  
Country Ranch Nut Thins  
Hazelnut Nut Thins  
Pecan Nut Thins  
Smokehouse Almond Nut Thins

### Edward & Sons

Brown Rice Sesame Snaps - Fat Free No Salt  
No Salt Organic Brown Rice Snaps  
Onion Garlic Brown Rice Snaps  
Organic Brown Rice Snaps - Vegetable Low Salt/Fat  
Toasted Onion Organic Brown Rice Snaps

### Health Valley

Health Valley Rice Bran Crackers

### Hol Grain

Low Salt Rice Crackers  
No Salt Rice Crackers

### Mary's Gone Crackers

Caraway Crackers  
Herb Crackers  
Onion Crackers  
Original Crackers

### Sesmark Foods

Brown Rice Thins

## Dairy

### 365 Every Day Value™

Cream Cheese  
Fat Free Blueberry Yogurt  
Fat Free Cherry Yogurt  
Fat Free Peach Yogurt  
Fat Free Plain Yogurt  
Fat Free Strawberry Yogurt  
Fat Free Vanilla Yogurt  
Neufchatel, Low Fat  
Soft Cream Cheese, Tub  
Sweet Cream Butter  
Whipped Cream Cheese, Tub

## Dairy (Cont'd)

### 365 Every Day Value™

Whole Milk Plain Yogurt

### 365 Organic Every Day Value™

Butter  
Unsalted Butter

### Brown Cow

Maple Whole Milk Yogurt  
Plain Whole Milk Yogurt  
Whole Milk Blueberry Yogurt

### Westbrae

Organic Brown Rice Miso - Unpasteurized

## Dairy Alternatives

### 365 Organic Every Day Value™

Rice Beverage, Original  
Soy Beverage Chocolate  
Soy Beverage Original  
Soy Beverage Vanilla  
Soy Original Refrigerated  
Vanilla Soy Drink

### White Wave

Latte Coffee Silk Soy Beverage  
Vanilla Silk Soy Beverage

## Deli Style Meats and Cheeses

### Applegate Farms

Organic Beef Hot Dogs  
Organic Genoa Salami  
Organic Sliced Roast Beef  
Organic Sliced Roasted Chicken  
Organic Sliced Uncured Ham  
Sliced Honey Maple Turkey  
Sliced Hot Soppressata  
Sliced Organic Smoked Chicken  
Sliced Turkey Bologna  
Sliced Turkey Salami  
Sliced Uncured Ham

### Whole Ranch™

Bratwurst Sausage



## Desserts

### 365 Every Day Value™

- Caribbean Frozen Fruit Bar
- Chocolate Ice Cream
- Coconut Frozen Fruit Bar
- French Vanilla Ice Cream
- Lime Frozen Fruit Bar
- Mango Frozen Fruit Bar
- Mint Chocolate Chip Ice Cream
- Peppermints
- Strawberry Frozen Fruit Bar
- Vanilla Soy Cream

### Gaga's Sherbetter

- Chocolate Sherbet
- Lemon Sherbet
- Orange Sherbet

### Kozy Shack

- Flan

### WFM Gluten Free Bakehouse

- Carrot Cake

### Whole Treat™

- Banana Bomber Ice Cream
- Cherry Nation Ice Cream
- Creamy Caramel Dessert Sauce
- Dark Chocolate Dessert Sauce
- Organic Chocolate Chocolate Dipped Bars
- Organic Vanilla Chocolate Dipped Bars
- Triple Swirl Ice Cream
- Vanilla Chocolate Dipped Bars with Almonds
- Vanilla-Licious Ice Cream

## Energy and Nutrition Bars/Drinks

### 365 Every Day Value™

- Whey Vanilla Protein Powder

### 365 Organic Every Day Value™

- Honey Roasted Cranberry Delight Bar
- Honey Roasted Hemp & Flax Bar
- Honey Roasted Mixed Sesame Bar
- Honey Roasted Trail Mix Bar

### LaraBar

- Apple Pie
- Banana Cookie
- Cashew Cookie

## Energy and Nutrition Bars/Drinks (Cont'd)

### LaraBar

- Cherry Pie
- Chocolate Coconut Chew
- Cinnamon Roll
- Cocoa Mole
- Ginger Snap
- Lemon
- Pecan Pie

### Maya

- Organic Chocolate Bar
- Organic Chocolate Coffee Bar
- Organic Chocolate Mint Bar
- Organic Chocolate Orange Bar

### Organic Food Bar

- Active Greens Chocolate
- Chocolate Chip
- Cranberry
- Omega-3 Flax

### Think Nutritional Bars

- Apricot Coconut Think Organic Bar
- Brownie Crunch Think Thin Bar
- Cherry Nut Think Organic Bar
- Chocolate Fudge Think Thin Bar
- Creamy Peanut Butter Think Thin Bar
- Mudslide Espresso Mocha Think Thin Bar
- White Chocolate Chip Think Thin Bar

## Entrees and Mixes

### Annie's Homegrown

- Rice Pasta & Cheddar Cheese

### Cherrybrook Kitchen

- Chocolate Frosting-Gluten Free/Wheat Free
- Vanilla Frosting - Gluten Free/Wheat Free

### Fantastic Foods

- Instant Black Bean

### Gluten Free Pantry

- Gingerbread Spice Cake Mix

## Entrees and Mixes (Cont'd)

### Lundberg Farms

Creamy Parmesan Risotto  
Organic Alfredo Risotto  
Organic Florentine Risotto  
Organic Tuscan Risotto

### Road's End Organics

Dairy Free Brown Rice Penne & Cheese

### Tasty Bite

Bombay Potatoes  
Instant Punjab Eggplant  
Madras Lentils

### Whole Kitchen™

Chicken Tikka Masala Entree

## Ethnic Foods

### 365 Every Day Value™

Asian Stir Fry

### 365 Organic Every Day Value™

Coconut Milk  
Coconut Milk, Lite

### Annie Chun's

Original Pad Thai Noodles

### Edward & Sons

Miso  
Native Forest Light Coconut Milk  
Native Forest Regular Coconut Milk  
Tamari Seaweed

### Food Merchant

Basil Garlic Polenta (pre-made)  
Sun Dried Tomato Polenta (pre-made)  
Traditional Polenta (pre-made)

### Tasty Bite

Jaipur Vegetables  
Jodphur Lentils  
Madras Lentils

### Tasty Bite

Peas Paneer  
Spinach Dal

## Ethnic Foods (Cont'd)

### Thai Kitchen

Bangkok Curry Instant Rice Noodles  
Coconut Ginger Soup  
Coconut Milk  
Garlic & Vegetable Instant Noodles  
Green Curry Paste  
Hot & Sour Soup  
Lemongrass & Chili Instant Noodles  
Lemongrass & Chili Noodle Bowl  
Lemongrass & Chili Thai Noodles  
Mushroom Medley Rice Noodle Bowl  
Organic Coconut Milk  
Organic Light Coconut Milk  
Original Pad Thai  
Pad Thai Noodle Cart  
Pad Thai Sauce  
Peanut Satay Sauce  
Premium Fish Sauce  
Red Curry Paste  
Roasted Garlic Rice Noodle Bowl  
Roasted Red Chili Paste  
Spicy Thai Chili Sauce  
Spring Onion Instant Rice Noodles  
Stir Fry Rice Pad Thai Noodles  
Stir-Fry Rice Noodles  
Sweet Red Chili Sauce  
Thai Ginger & Vegetable Instant Rice Noodles  
Thai Ginger Noodle Bowl  
Thai Peanut Stir Fried Rice  
Thin Rice Noodles

### Whole Kitchen™

Butter Chicken Entree  
Chicken Taquitos  
Chicken Tikka Masala Entree

### Xochitl

Mexican Style Tortilla Chips (Totopos De Maiz)

## Frozen Foods

### 365 Every Day Value™

Asian Stir Fry  
Broccoli Florettes

## Frozen Foods (Cont'd)

### 365 Every Day Value™

- Caribbean Frozen Fruit Bar
- Chocolate Ice Cream
- Coconut Frozen Fruit Bar
- Crinkle Cut Fries
- Cut Okra
- Edamame Pods
- French Vanilla Ice Cream
- Frozen Cut Corn
- Frozen Taters
- Green Peas
- Lime Frozen Fruit Bar
- Mango Frozen Fruit Bar
- Mint Chocolate Chip Ice Cream
- Mixed Vegetables
- Shelled Edamame Beans, Blanched
- Shredded Hashbrowns
- Stoplight Strips Peppers
- Strawberry Frozen Fruit Bar
- Texican Veggie Roundup Stir Fry
- Vanilla Soy Cream

### 365 Organic Every Day Value™

- Broccoli Florettes
- Cut Green Beans
- Edamame Pods
- Frozen Spinach
- Frozen Supersweet Corn
- Green Peas
- Mixed Vegetables
- Peas & Carrots
- Petite Peas
- Shelled Edamame Beans
- Shoestring Potatoes
- Steak Cut Fries
- Sugar Snap Peas
- Super Sweet White Corn
- Tater Tots

### Alexia

- Country Reds Mashed Potatoes - Garlic & Parmesan
- Hanna Gold Sweet Potato Fries, Julienne
- Julienne Fries with Sea Salt
- Olive Oil Parmesan Garlic Potatoes
- Olive Oil Tomato Pesto Potatoes

## Frozen Foods (Cont'd)

### Alexia

- Olive Oil and Rosemary Garlic Fries
- Olive Oil and Sea Salt Fries
- Organic Classic Oven Crinkles
- Organic Oven Crinkle Fries - Salt & Pepper
- Organic Yukon Gold Hash Browns
- Oven Crinkles - Onion & Garlic
- Waffle Fries with Seasoned Salt
- Yukon Gold Creamy Mashed Potatoes - Sea Salt

### Amy's

- Asian Noodle Stir Fry
- Black Bean Enchilada
- Brown Rice and Vegetable Bowl
- Cheese & Bean Whole Meal Enchiladas
- Cheese Enchilada
- Garden Vegetable Lasagna
- Matter Paneer
- Organic Mexican Tamale Pie
- Rice & Bean Whole Meal Enchiladas
- Rice Crust Cheese Pizza
- Rice Crust Spinach Pizza
- Rice Macaroni & Cheese
- Santa Fe Enchilada Bowl
- Shepherd's Pie
- Teriyaki Bowl
- Thai Stir Fry

### Bell & Evans

- Gluten Free Chicken Breast Nuggets
- Gluten Free Chicken Breast Tenders

### Cascadian Farm

- Chinese Stir Fry - Organic
- Thai Stir Fry Vegetable Blend - Organic

### Foods By George

- Cinnamon Currant English Muffins
- English Muffins (Plain)
- Thin Crust Pizza

### Gaga's Sherbetter

- Chocolate Sherbet
- Lemon Sherbet
- Orange Sherbet

## Frozen Foods (Cont'd)

### Gillian's

Cinnamon Raisin Rolls

### Happy Baby Food

Organic Dhal & Mama Grain  
Organic Grrreat Greens & Easy-Beeing-Green Beans  
Organic Smarter Squash & Wiser Apple  
Organic Sweeter Potatoes & Purer Pears  
Yes Peas & Thank You Carrots

### Ian's Natural Foods

Alpha Tots  
Gluten Free Chicken Nuggets

### Lifestream

Buckwheat & BerryToaster Waffles

### Taj Gourmet

Chicken Curry  
Chicken Masala  
Eggplant Bhartha  
Palak Paneer with Brown Rice  
Vegetable Korma with Brown Rice

### Tasty Bite

Kashmir Spinach

### Vans

Flax Wheat Free Waffles  
Wheatfree Apple Cinnamon Waffles  
Wheatfree Blueberry Waffles  
Wheatfree Waffles

### Wellshire Farms

All Natural Turkey Burgers  
Chicken Nuggets

### Whole Catch™

Cod Fillet  
Cooked Shrimp, 31-40  
Mahi Mahi Fillet  
Raw Shrimp, 26-30  
Raw Shrimp, 31-44  
Raw Shrimp, 41-50  
Sea Scallops  
Sockeye Salmon Fillet  
Swordfish Fillet  
Wild Key West Pink Shrimp, Shell on, 16/20

## Frozen Foods (Cont'd)

### Whole Catch™

Wild Key West Pink Shrimp, Tail off, 51/60

### Whole Kitchen™

Butter Chicken Entree  
Chicken Taquitos  
Chicken Tikka Masala Entree

### Whole Treat™

Banana Bomber Ice Cream  
Cherry Nation Ice Cream  
Organic Chocolate Chocolate Dipped Bars  
Organic Vanilla Chocolate Dipped Bars  
Triple Swirl Ice Cream  
Vanilla Chocolate Dipped Bars with Almonds  
Vanilla-Licious Ice Cream

## Grains and Rice

### 365 Organic Every Day Value™

Brown Flax Seed, Bag

### Arrowhead Mills

Hulled Millet - Organic

### Lotus Foods

Forbidden Black Rice

### Lundberg Farms

Countrywild Brown Rice  
Organic Alfredo Risotto  
Organic Basmati Brown Rice  
Organic Basmati Rice  
Wild Blend Brown Rice

### Quinoa Corporation

Ancient Harvest Quinoa Grain

### Tasty Bite

Peas Paneer  
Spinach Dal

## Jams and Nut Butters

### 365 Every Day Value™

Apricot Fruit Spread  
Black Cherry Fruit Spread  
Blackberry Fruit Spread  
Creamy Peanut Butter

## Jams and Nut Butters (Cont'd)

### 365 Every Day Value™

- Crunchy Almond Butter
- Crunchy Peanut Butter
- Forest Fruit Spread
- Raspberry Fruit Spread
- Smooth Almond Butter
- Strawberry Fruit Spread
- Wild Blueberry Fruit Spread

### 365 Organic Every Day Value™

- Creamy Peanut Butter
- Creamy Peanut Butter, Unsalted
- Creamy Peanut Butter, Unsweetened
- Crunchy Peanut Butter
- Smooth Almond Butter
- Smooth Cashew Butter

### Arrowhead Mills

- Creamy Peanut Butter
- Crunchy Peanut Butter
- Organic Crunchy Peanut Butter
- Organic Sesame Tahini

### Maranatha

- Organic Roasted Creamy Almond Butter No Salt
- Raw Almond Butter No Salt
- Roasted Cashew Butter
- Roasted Creamy Almond Butter No Salt
- Roasted Macadamia Butter No Salt

### Santa Cruz

- Organic Dark Roasted Creamy Peanut Butter
- Organic Dark Roasted Crunchy Peanut Butter
- Organic Light Roasted Creamy Peanut Butter
- Organic Light Roasted Crunchy Peanut Butter

### Whole Kids Organic™

- Mixed Berry Spread
- Strawberry Fruit Spread

## Meat Alternatives

### 365 Organic Every Day Value™

- Extra Firm Tofu
- Firm Tofu

## Meat Alternatives (Cont'd)

### Lightlife

- Garden Vegetable Tempeh
- Organic Soy Tempeh
- Tofu Pups
- Wild Rice Tempeh

### Nasoya Foods

- Extra Firm Tofu - Organic
- Firm Enriched Tofu
- Firm Tofu - Organic
- Silken Tofu - Enriched
- Soft Tofu - Organic

## Meat and Poultry

### 365 Every Day Value™

- Classic Pork Sausage
- Maple Pork Sausage
- Sage Pork Sausage
- Uncured Center Cut Low Sodium Bacon
- Uncured Center Cut Smokehouse Bacon

### Applegate Farms

- Chicken Apple Sausage
- Organic Beef Hot Dogs
- Organic Turkey Burgers
- Pork Sunday Bacon

### Bell & Evans

- Gluten Free Chicken Breast Nuggets
- Gluten Free Chicken Breast Tenders

### Shelton's

- Turkey Burgers
- Turkey Franks

### Wellshire Farms

- All Natural Turkey Burgers
- Black Forest Ham
- Chicken Apple Sausage Patties
- Chicken Nuggets
- Country Sage Sausage Patties
- Original Style Pork Sausage Patties
- Sunrise Maple Sausage Patties
- Virginia Ham

## Meat and Poultry (Cont'd)

### Whole Ranch™

- Beef Franks
- Chorizo Sausage
- Sweet Italian Sausage

## Miscellaneous Grocery

### 365 Every Day Value™

- Orange Scent Automatic Dishwasher Detergent
- Orange Scent Laundry Powder
- Orange Scent Liquid Dish Detergent
- Orange Scent Liquid Laundry Detergent

## Nutritional Supplements

### 365 Every Day Value™

- Adult Multi Vitamin
- B Complex Vitamin
- Calcium Magnesium
- Chewable C 500 mg
- Evening Primrose Oil 500 mg
- Fish Oil - 1000 mg.
- Psyllium Husk Powder
- St. John's Wort - 300mg
- Vanilla Whey Protein Powder
- Vitamin C 500 mg

### Nutrition Now

- Calcium Soft Chews - Chocolate
- Rhino Dippin' Pops Echinacea and Vitamin C
- Rhino Swirlin' Calci-Bears Chewable

### Whole Foods Market™

- Acerola C with Bioflavonoids, Chewable
- Acetyl L-Carnitine, 500 mg
- Alpha Lipoic Acid 300 mg
- B Daily Essentials
- Biotin 500 mcg.
- Black Cohosh, 100 mg
- Carnitine 500 mg
- Chelated Iron
- Complete Multivitamin
- Daily with Iron
- Echinacea & Goldenseal
- Folic Acid 800 mcg.

## Nutritional Supplements (Cont'd)

### Whole Foods Market™

- Ginkgo 60 mg.
- Ginkgo 60 mg., 60 CP
- Hair, Skin & Nails
- Kelp 225 mcg.
- L-Carnitine 250 mg
- L-Glutamine
- L-Lysine 500 mg
- L-Tyrosine 500 mg
- Lecithin
- MSM 1000 mg
- Magnesium Chelate
- Nettles
- Niacin 300 mg
- Nutritional Yeast
- Organic Evening Primrose Oil
- Organic Flax Seed Oil
- Potassium, Sustained Release
- Quercetin with Bromelain
- St. John's Wort
- Stress B-Complex with Vitamin C
- Valerian 250 mg
- Vitamin B-1, 100 mg
- Vitamin B-2
- Vitamin C
- Vitamin C with Bioflavonoids
- Vitamin C with Bioflavonoids, 1000 mg
- Vitamin D, 400 IU
- Vitamin E with Mixed Tocopherols 400 IU

### Whole Kids Organic™

- Vitamins/ Multi- Essentials For Kids 45 count

## Nuts, Seeds and Dried Fruits

### 365 Every Day Value™

- Almonds, Roasted & Salted
- Cashew Pieces, Roasted & Salted
- Cashews, Roasted & Salted
- Cranberry Trail Mix
- Mixed Nuts
- Peanuts, Salted in Shell
- Pecans, Wholes & Halves
- Pistachios, Roasted & Salted

## Nuts, Seeds and Dried Fruits (Cont'd)

### 365 Every Day Value™

- Pistachios, Roasted & Unsalted
- Raw Almonds
- Raw Cashews
- Raw Sunflower Seeds
- Roasted & Salted Peanuts
- Smoked Almonds
- Sunflower Kernels, Roasted & Salted

### 365 Organic Every Day Value™

- Chocolate Banana Trail Mix
- Diced Dried Apples
- Dried Apricots
- Dried Cherries
- Dried Cranberries
- Dried Cranberries & Apples
- Dried Cranberries & Pecans
- Fruit, Chocolate & Nut Mix
- Hulabaloo Mix
- Roasted & Salted Soynuts
- Roasted & Salted Sunflower Kernels
- Roasted & Unsalted Sunflower Kernels
- Sweet Banana Chips
- Thompson Raisins

### Whole Kids Organic™

- Raisins - 6 pk
- Seedless Thompson Raisins

## Oils

### 365 Every Day Value™

- Expeller Pressed Canola Oil
- Italian Extra Virgin Olive Oil

### 365 Organic Every Day Value™

- Expeller Pressed Canola Oil
- Olive Oil Imported

### AFA™ - Authentic Food Artisan™

- Nunez de Prado Organic Olive Oil
- Nunez de Prado Organic Olive Oil 750ml

### AFA™ - Authentic Food Artisan™ - Authentic Food Artisan

- Lapas Organic EV Olive Oil

## Pasta

### Bionaturae

- Elbows Pasta - Organic
- Fusilli - Organic
- Penne Rigate - Organic
- Spaghetti - Organic

### DeBoles Foods

- Elbow Style Corn Pasta
- Rice Angel Hair Pasta
- Spaghetti Style Corn Pasta

### Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Spaghetti Pasta

### Quinoa Corp

- Quinoa Elbows - Wheat Free
- Quinoa Pagodas - Wheat Free
- Quinoa Rotelle - Wheat Free
- Quinoa Shells - Wheat Free

### Tinkyada

- Brown Rice Elbows
- Brown Rice Lasagna
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spaghetti
- Brown Rice Spirals
- Organic Brown Rice Elbow Pasta
- Organic Brown Rice Penne
- Organic Brown Rice Spaghetti
- Organic Brown Rice Spirals

## Pasta Sauce

### 365 Every Day Value™

- Marinara
- Pesto/Sun Dried Tomato Pasta Sauce
- Roasted Garlic Pasta Sauce
- Roasted Red Pepper Pasta Sauce
- Roasted Vegetable Pasta Sauce

### 365 Organic Every Day Value™

- Classic Pasta Sauce
- Fat Free Pasta Sauce
- Italian Diced Tomatoes with Basil
- Tomato & Basil Pasta Sauce

## Pasta Sauce (Cont'd)

### Amy's

- Organic Low Sodium Marinara Sauce
- Organic Marinara Pasta Sauce
- Organic Tomato Basil Pasta Sauce

### Newman's Own

- Bombolina Pasta Sauce
- Garlic and Peppers Pasta Sauce
- Marinara Pasta Sauce
- Mushtoom Pasta Sauce
- Say Cheese Sauce
- Sockarooni Pasta Sauce

### Sauces 'N Love

- Pesto Sauce
- Pomodoro & Basilico Sauce
- Puttanesca Sauce
- Spicy Arrabbiata Sauce
- Sugo Rosa Sauce

## Personal Care

### 365 Every Day Value™

- Chamomile Glycerin Soap
- Lavender Glycerin Soap
- Olive & Aloe Glycerin Soap
- Rosemary Mint Glycerin Soap
- Unscented Glycerin Soap
- Vitamin E Glycerin Soap

### California Baby

- Baby Powder, Non Talc
- Body Wash & Shampoo - Large
- Bubble Bath, Calming
- Bubble Bath, Cold & Flu
- Bubble Bath, Happy
- Bubble Bath, I Luv You
- Bubble Bath, Overtired & Cranky
- Calendula Diaper Cream
- Calming Lotion
- Detangler Hair Spray
- Diaper Rash Cream
- Everyday Sunscreen SPF 30
- Hair Conditioner
- Moisturizing Cream
- Sunscreen SPF 30 Fragrance Free
- Super Sensitive Baby Shampoo

## Personal Care (Cont'd)

### California Baby

- Super Sensitive Hair Conditioner
- Super Sensitive Moisture Lotion

### Sun & Earth

- Liquid Soap Pump

### Whole Foods Market™

- Lavender French Milled Soap
- Lemon Verbena French Milled Soap
- Milk French Milled Soap
- Sandalwood French Milled Soap

### Whole Foods™

- Peppermint Lip Balm
- Tangerine Lip Balm
- Vanilla Honey Lip Balm

## Pet Foods

### 365 Every Day Value™

- Canned Cat Food, Beef & Liver
- Canned Cat Food, Chicken & Rice
- Canned Cat Food, Ocean Whitefish & Tuna
- Canned Dog Food, Beef & Rice
- Canned Dog Food, Lamb & Rice
- Canned Dog Food, Turkey & Rice

## Prepared Foods

### Food Merchant

- Basil Garlic Polenta (pre-made)
- Sun Dried Tomato Polenta (pre-made)
- Traditional Polenta (pre-made)

## Produce

### 365 Organic Every Day Value™

- Balsamic Vinaigrette (Fresh)
- Blue Cheese (Fresh) Dressing
- Miso (Fresh) Dressing
- Ranch (Fresh) Dressing
- Wasabi (Fresh) Salad Dressing



## Sauces, Salsas and Dips

### 365 Organic Every Day Value™

Tartar Sauce

### Amy's

Medium Organic Salsa

Mild Organic Salsa

### Drew's

Hot Salsa

Medium Salsa

Mild Salsa

### Newman's Own

Hot Salsa

Medium Salsa

Mild Salsa

### Whole Foods Market™

Caribe Salsa

Fire Roasted Salsa

Fire Roasted Salsa Verde

Poblano Corn Salsa

Salsa Verde

Tepin Black Bean Salsa

### Whole Treat™

Creamy Caramel Dessert Sauce

Dark Chocolate Dessert Sauce

## Seafood

### 365 Organic Every Day Value™

Tartar Sauce

### Whole Catch™

Cod Fillet

Cold Smoked Salmon

Cold Smoked Wild Sockeye Salmon

Cold Wild Sockeye Salmon

Cooked Shrimp, 31-40

Mahi Mahi Fillet

Raw Shrimp, 26-30

Raw Shrimp, 31-44

Raw Shrimp, 41-50

Sea Scallops

Sockeye Salmon Fillet

Swordfish Fillet

Wild Key West Pink Shrimp, Shell on, 16/20

Wild Key West Pink Shrimp, Shell on, 36/40

## Seafood (Cont'd)

### Whole Catch™

Wild Key West Pink Shrimp, Tail off, 51/60

## Soups

### 365 Organic Every Day Value™

Chicken Broth

Chicken Broth 3 pack

Low Sodium Chicken Broth

Vegetable Broth

### Amy's

Black Bean Chili

Chili - Medium

Chili - Medium with Vegetables

Chili - Spicy

Lentil Soup - Organic

Lentil Vegetable Soup - Organic

Organic Chunky Tomato Soup

Organic Cream of Tomato Soup

Organic Low Fat Black Bean & Vegetable Soup

Split Pea Soup - Organic Fat Free

### Dr. McDougall's

Black Bean & Lime Soup Cup

Curry Brown & Wild Rice Fruited Pilaf Soup Cup

Tortilla Soup Cup

### Health Valley

3 Bean Mild FF Chili

Mild Chili

Spicy Black Bean FF Chili

Spicy Chili

Spicy No Salt Chili

Tomato Vegetable Soup - Fat Free

### Imagine Foods

Creamy Butternut Squash Soup

Creamy Portabello Mushroom Soup

Creamy Potato Leek Soup

Free Range Chicken Broth - Organic

No Chicken Broth - Organic

Vegetable Broth - Organic

## Soups (Cont'd)

### Pacific Foods

Natural Chicken Broth - Fat Free  
Organic Chicken Broth  
Organic Mushroom Broth  
Vegetable Broth - Organic

### Shari

Cream of Tomato Soup - Organic  
French Green Lentil Soup - Organic  
Indian Black Bean and Rice Soup - Organic  
Italian White Bean Soup - Organic

### Shelton's

Black Bean and Chicken Soup  
Organic Chicken Broth  
Organic Chicken Broth - Fat Free/Low Sodium

### Thai Kitchen

Lemongrass & Chili Noodle Bowl  
Lemongrass & Chili Thai Noodles  
Mushroom Medley Rice Noodle Bowl  
Roasted Garlic Rice Noodle Bowl  
Spring Onion Rice Noodle Bowl

## Spices and Seasonings

### 365 Every Day Value™

Berber Ground Coriander  
Brazilian Arrowroot  
Catalina Cream of Tartar  
Cayenne Pepper  
Crushed Red Chili Peppers  
Ground Nutmeg  
Herbes de Provence  
Jamaican Allspice  
Sea Salt  
Spanish Rosemary  
Spanish Wild Thyme  
Sweet Paprika  
Turkish Bay Leaves  
Valle del Sol Chile Powder  
Whole Sesame Seeds

### 365 Organic Every Day Value™

Organic Basil  
Organic Black Pepper, Medium Grind

## Spices and Seasonings (Cont'd)

### 365 Organic Every Day Value™

Organic Black Peppercorns  
Organic Cinnamon  
Organic Cumin  
Organic Garlic Powder  
Organic Ginger  
Organic Minced Onion  
Organic Oregano  
Organic Parsley

### Whole Pantry™

Anise Seed  
Extra Fancy Spanish Thyme  
Freeze Dried Chives  
French Tarragon  
Ground Coriander  
Ground Ginger  
Ground Nutmeg  
Guatemalan Cardamom  
Muchi Curry Powder  
Oregano  
Organic Dill Weed  
Organic Ground Cumin  
Organic Minced Garlic  
Organic Orange Peel  
Organic Paprika  
Organic Vanilla Bean  
Spanish Saffron  
Tellicherry Black Peppercorns  
Turmeric  
Vietnamese Cinnamon  
Whole Bay Leaf  
Whole Cardamom  
Whole Cinnamon Sticks  
Whole Cloves  
Whole Cumin Seed  
Whole Fennel Seed  
Whole Sage  
Whole White Peppercorns

## Sweeteners

### 365 Every Day Value™

Raw Turbinado Sugar

## **Sweeteners (Cont'd)**

**365 Organic Every Day Value™**

Sugar

**Lundberg Farms**

Organic Brown Rice Syrup

**Whole Kids Organic™**

Organic Honey Bear